

Body Combat Assessment Rubric

PRESENTERS:

ACTIVITY:

SKILLS CRITERIA	EXEMPLARY		PROFICIENT		DEVELOPING		EMERGING	
OUTLINE OF CHOREOGRAPHY	Detailed plan completed for entire track		Basic plan completed for the entire track		Plan completed for some of the track		Plan not completed	
PRESENTATION	Clear concise instructions easy to understand		Clear simple instructions given		Limited instructions given		Instructions somewhat difficult to understand	
	Leaders were motivating and engaged in the whole track		Leaders were somewhat motivating and engaged in most of the track		Leaders were engaged in some of the track		Leaders were not motivating or engaged in track	
	Detailed and effective use of demonstrations		Easy to follow demonstrations used		Some demonstrations used and easy to follow		Demonstrations difficult to follow	
	Six moves used in combinations		Five moves used in combinations		Four moves used in combinations		Three moves used in combination	
	Track had structure and excellent progression between moves		Track was structured and showed some progression		Track was structured but lacked progression		Track lacked structure	
FEEDBACK REFLECTION								